

# QUARTERLY MARRIAGE ENRICHMENT SEMINAR

September 9 & November 11, 2018 and January 13, February 24 & June 2, 2019



*"The Quarterly Marriage Enrichment Seminars will look at the particular challenges that married couples face in their efforts to maintain healthy, committed, Christian marriages in a culture that provides few supports for such a commitment."*

- Father John Blum, Pastor



**Monica Burton, LMFT**, will present these seminars. Monica is a Licensed Marriage and Family Therapist with nearly 15 years as a professional clinician. She is in private practice in St. Petersburg and St. Pete Beach.

## November 11, 2018—Conflict Resolution, Part I

*The first seminar will identify the two different kinds of conflict in marital relationships, how to communicate effectively and create understanding. It will address how to stay in the discussion without it escalating and getting to a place that can be harmful to your relationship. It will also give you specific tools and techniques on working through conflict and how to develop a good plan to address conflict in your relationship.*

## January 13, 2019—Conflict Resolution, Part II

*In the second half of the conflict seminar, we will discuss repair, resolve and compromise. Each couple will get to take home specific tools on how to work through conflict, how to repair in the moment, and how to find compromise.*

## February 24, 2019—Nurturing Your Relationship

*We will go through effective ways to nurture your marital relationship and stay connected in your day to day life.*

## June 2, 2019—Joint Financial Vision

*This seminar will discuss how to create a financial vision together. You will get tools on how to discuss financial goals together and how to discuss money on the day to day without it escalating to an argument.*

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### QUARTERLY MARRIAGE ENRICHMENT SEMINAR REGISTRATION

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Sept  Nov  Jan  Feb  June

Individual  Couple

Babysitting: \_\_\_\_\_ Ages: \_\_\_\_\_

1. A separate registration form will be required for each of the four seminars.
2. Baby Sitting will be provided for children two to twelve years of age.
3. Seminars will take place in the Msgr. Trainor Parish Hall. Registration and Continental Breakfast will be provided from 12:30 to 1:00 p.m.
4. Sessions will begin promptly at 1:00 and conclude at 2:30 p.m. Seating is limited, so please register early.

Place the completed form in the collection basket or mail to Deacon Joe Grote, St. John Vianney Church, 445 82nd Avenue, St. Pete Beach, FL 33706.