

SJV Marriage Enrichment Seminars

For the upcoming program year, St. John Vianney Church will offer a marriage enrichment seminar in the fall and another one in the spring. The fall seminar will consist of 2 different sessions.

Fall Topic: Covid Uncertainties for Families and Couples, presented by Monica Burton, LMFT

Session 1 – Sunday, Sep. 19, 2021

- Effects on Family and Parenting
- Recognizing signs of stress in your children and families
- Coping skills for children and families
- Communication tips for parents on ways to address stress, emotions and mental health with their children

Session 2 – Sunday, Sep. 26, 2021

- Effects on Couples
- Communication techniques
- Tools for conflict management
- How to cope with stress even when you both see things differently
- How to continue to strengthen your relationship and create health connections

Location: Monsignor Trainor Hall

Time:

- 12:30 pm – Registration & light refreshment
- 1:00 pm – 2:30 pm – Seminar

Childcare will be provided for children two to twelve years of age.

Registration is highly encouraged for childcare and food planning. Please register by Sep. 15, 2021.

Name(s): _____

Email: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Session 1, Sep. 19, 2021 couple Need childcare? Yes No

Session 2, Sep. 26, 2021 individual How many children? _____

Place completed form in the collection basket, email to bobhelen.parr@gmail.com, or mail to Marriage Enrichment Seminar, St. John Vianney Church, 445 82nd Ave, St. Pete Beach, FL 33706