

QUARTERLY MARRIAGE ENRICHMENT SEMINAR

February 2, 2021



Monica Burton, LMFT, will present these seminars. Monica is a Licensed Marriage and Family Therapist with nearly 15 years as a professional clinician. She is in private practice in St. Petersburg and St. Pete Beach.

February 2, 2021, 6:30-8:30 p.m.—Letting Go of Expectations

This seminar is going to address expectation in your relationship and how unhealthy expectations in your marriage can lead to resentment and contempt. Monica will discuss the dance of holding on and letting go of these expectations, how they can be detrimental to your marriage and how to communicate more effectively in your relationship. When we communicate our needs, dreams and goals in healthy ways, we create a healthy connection and a strong marriage.

QUARTERLY MARRIAGE ENRICHMENT SEMINAR REGISTRATION

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____

Feb 2, 2021

Individual Couple

1. A separate registration form will be required for each of the four seminars.
2. Childcare will **NOT** be provided at this time.
3. Seminars will take place in the Msgr. Trainor Parish Hall.